

Dementia Coach, Educator, Author & Speaker



Kay M. Adams

Licensed Clinical Social Worker & Founder of Compassion Works, LLC

Kay Adams, LCSW, is a coach, educator, clinician, author, and speaker. She is the founder of Compassion Works, LLC which provides individualized dementia coaching and educational offerings to families, professional care partners, and organizations on dementia-related topics. Kay is also a Certified Dementia Consultant and Trainer, and the award-winning author of, "*Bedside Witness: Stories of Hope, Healing, and Humanity.*"

Kay's diverse background as medical social worker for over 2 decades enables her to create memorable speaking events which skillfully weave a combination of education, rich storytelling, case scenarios, and active audience engagement— with the added benefit of sharing laughs while you learn.



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Speaking Topics

All workshops and presentations can be customized from 20-75 minutes or more, and are suitable for families, professionals, and organizations. See website for complete list of offerings.

Drinking Deeply from the Well: Powerful Lessons on Life for the Living

In this signature keynote, Kay shares 3 powerful lessons from her book about having hope amidst the darkest of times, healing even if you can't be cured, and drinking deeply from the well of humanity when we most thirst for connection.

Moving Towards the Storm: Creating Meaning, Mastery, and Resilience Through Our Care

In this inspirational keynote, Kay masterfully weaves stories of our search for meaning and purpose in our careers and organizations by moving towards the storm, in order to serve those clients who are so deserving of our care.

“Kay connects deeply with people. Her presence and compassion are calming. Her seasoned wisdom provides relief and hope. Kay makes this world such a better place!”

—Dan Johnson, MD

See website for Keynote descriptions. Other customized keynotes are available upon request.

Known for bringing passion, integrity, humor, and a unique authenticity to her work, Kay can make often uncomfortable topics safe to explore for family and professional caregivers alike.

To discuss your group's needs, please email kay@kaymadams.com.